

EYFS Autumn 1



Puzzle Outcomes

- I understand how it feels to belong and that we are similar and different.
- I can recognise and manage my feelings.
- I enjoy working with others to make school a good place to be.
- I understand why it is good to be kind and use gentle hands.
- I am starting to understand children's rights, and this means we should be allowed to learn and play.
- I am learning what being responsible means.



Being me in my world

Knowledge organiser- PSHE



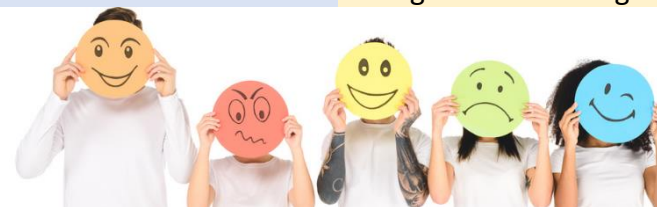
Reflective Questions

- ☺ How can we make sure that we are all safe, happy and learning in school?
- ☺ What makes us unique?

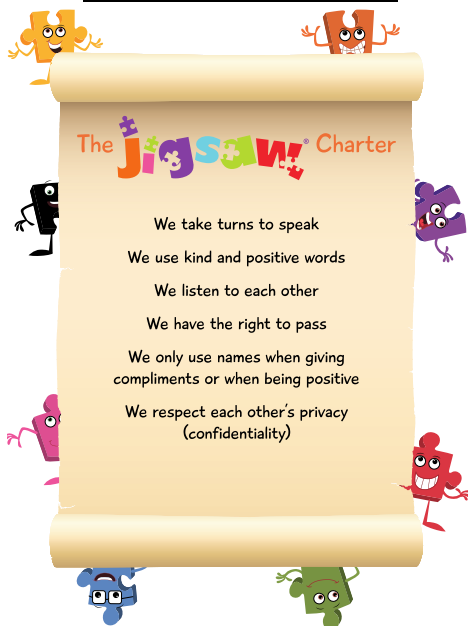
What Makes Our School Great?

As good citizens it is important for us to understand how it feels to belong and that we are similar and different.

We also need to know how to recognise and manage our feelings.



Jigsaw Learning Charter



Key Vocabulary

Responsibilities	Something that you are expected to do yourself.
Responsible	Able to do something yourself sensibly
Pause	To stop doing something for a short time.
Rights	Something belonging to everyone e.g. a right to come to school.
Rules	Following instructions.
Unique	Something or someone who is important and special.



EYFS Autumn 2



Celebrating Differences

Knowledge organiser- PSHE



Puzzle Outcomes

- I can identify something I am good at and understand that everyone is good at different things.
- I understand that being different makes us special.
- I know we are all different but the same in some ways.
- I can tell you why I think my home is special to me.
- I can tell you how to be a kind friend.
- I know which words to use to stand up for myself when someone does or says something unkind.

Reflective Questions

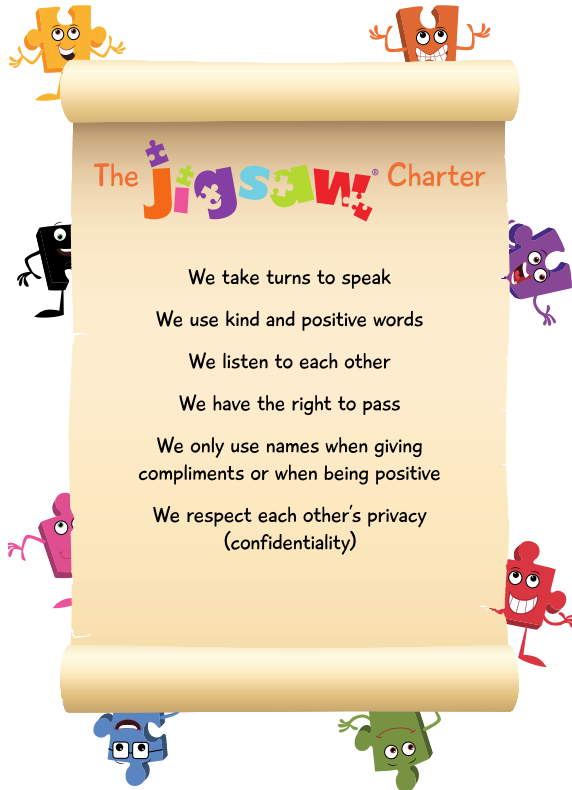
- ☺ What are you good at doing and why?
- ☺ Are we all good at the same things?
- ☺ What can we say that would make us a good friend?

What Makes Our School Great?

As good citizens it is important for us to understand how we are good at certain things and not others.

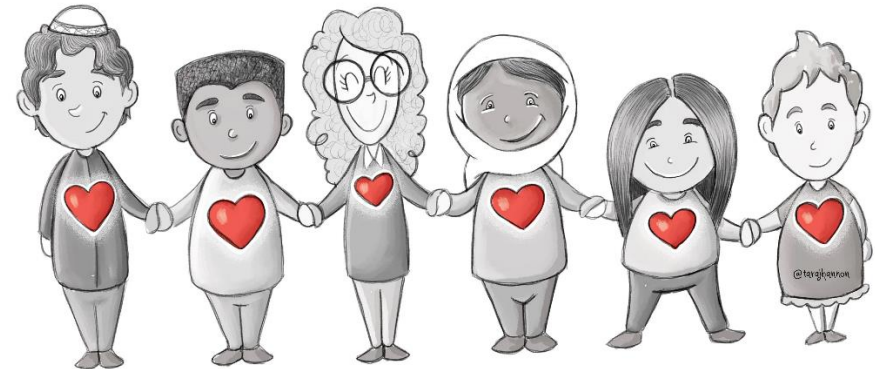
We also need to know how to be a good friend and how to stand up for ourselves.

Jigsaw Learning Charter



Key Vocabulary

Different	Not the same as each other.
Mean	Be unkind, nasty or to hurt feelings.
Similar	Some things but not all are the same.
Special	Better, greater or different from usual.
Style	Done in a certain way or how someone likes.
Unique	Something or someone who is important and special.



EYFS Spring 1



Dreams and Goals

Knowledge organiser- PSHE



Puzzle Outcomes

- I understand that if I persevere, I can tackle challenges.
- I can tell you about a time when I didn't give up until I achieved my goal.
- I can set a goal and work towards it.
- I can say kind words to encourage people.
- I can understand the link between what I learn now and the job I might do when I am older.
- I can say how I feel when I achieve a goal and know what it means to feel proud.

Reflective Questions

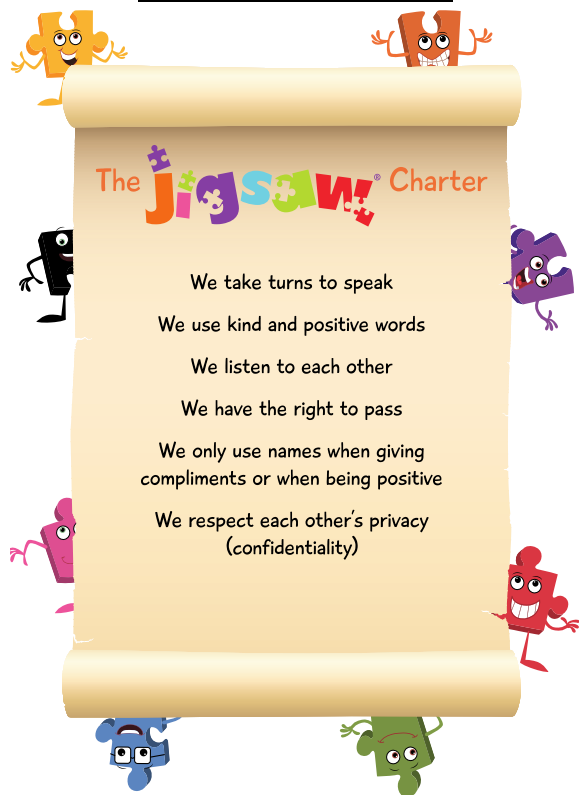
- ☺ What is a challenge?
- ☺ How does it feel when you can't do something?
- ☺ Is it important to keep going?
- ☺ How do you like to celebrate when you achieve something?

What Makes Our School Great?

As good citizens it is important for us to persevere and tackle challenges.

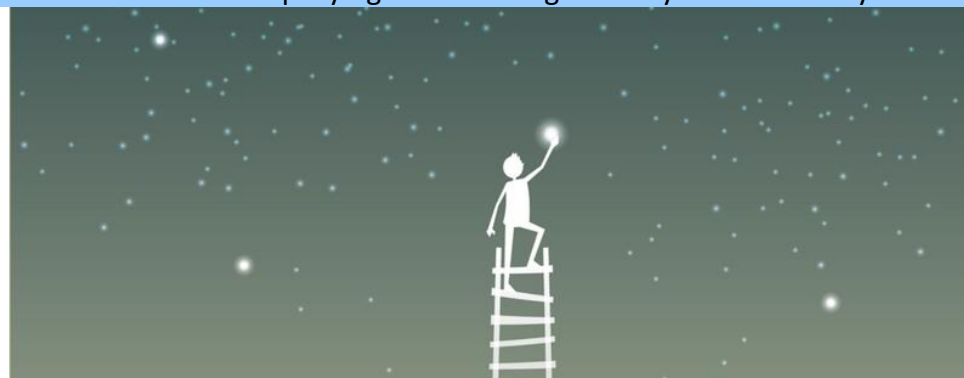
Saying kind words to encourage ourselves and others makes us feel proud.

Jigsaw Learning Charter



Key Vocabulary

Achievement	A thing done successfully with skill, effort or courage.
Ambition	A desire to achieve something.
Challenge	To take part in something which you find difficult.
Dream	To have an idea or an ambition to achieve something.
Encourage	Give support and confidence to someone.
Goal	The object of an ambition or aim.
Happy	Feeling or showing pleasure.
Job	You are paid to do something.
Kind	Being nice and thoughtful about something or someone.
Perseverance	Keep trying at something even if you find it tricky.



EYFS Spring 2



Healthy Me

Knowledge organiser- PSHE



Puzzle Outcomes

- I understand that I need to exercise to keep me body healthy.
- I understand how moving, and resting are good for my body.
- I know which foods are healthy and not so healthy and can make healthy food choices.
- I know how to help myself go to sleep and understand why sleep is good for me.
- I can wash my hands thoroughly and understand why it is important especially before I eat and after I go to the toilet.
- I know what a stranger is and how to stay safe if a stranger approaches me.

Reflective Questions

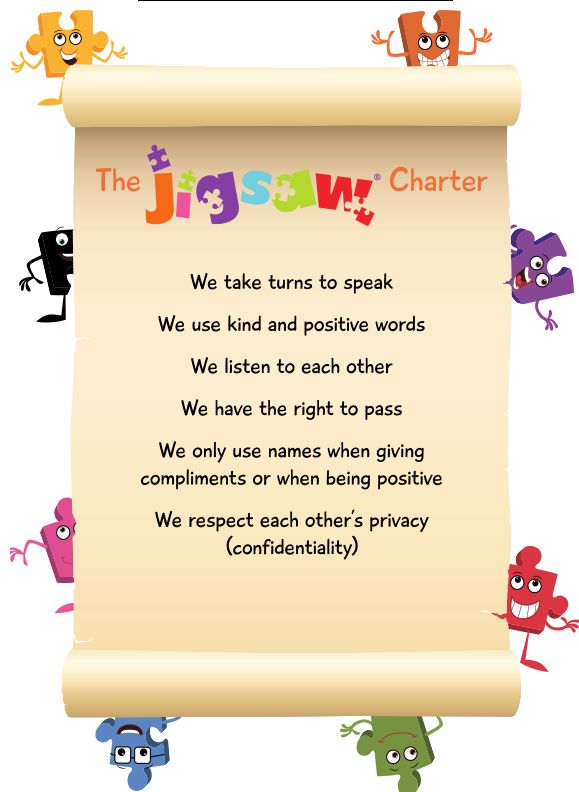
- ☺ Why do we exercise and why is it important?
- ☺ What does healthy/unhealthy food do to our bodies?
- ☺ Is it important to sleep?
- ☺ Why is handwashing necessary?
- ☺ Can some strangers help us?

What Makes Our School Great?

As good citizens it is important for us to keep our bodies and minds healthy.

Staying safe by regularly washing our hands and understanding danger.

Jigsaw Learning Charter



Key Vocabulary

Clean	To get rid of dirt.
Exercise	To do a task which involves movement and fitness.
Head	Attached to the neck it contains the brain, mouth and other sense organs.
Healthy	To keep your mind and body fit and well.
Knees	Joint between the thigh and the lower leg.
Scared	To feel frightened.
Shoulders	A joint between a person's main body, arm and neck.
Stranger	A person who you do not know.
Toes	One of the digits on a human foot.
Trust	To believe in something or someone.
Wash	Clean with water and soap.



EYFS Summer 1



Relationships

Knowledge organiser- PSHE



Puzzle Outcomes

- I know what a family is.
- I know that different people in a family have different jobs.
- I know some of the characteristics of healthy and safe relationships.
- I am starting to understand the impact of unkind words.
- I can use calm me time to manage my feelings.
- I know how to be a good friend.

Reflective Questions

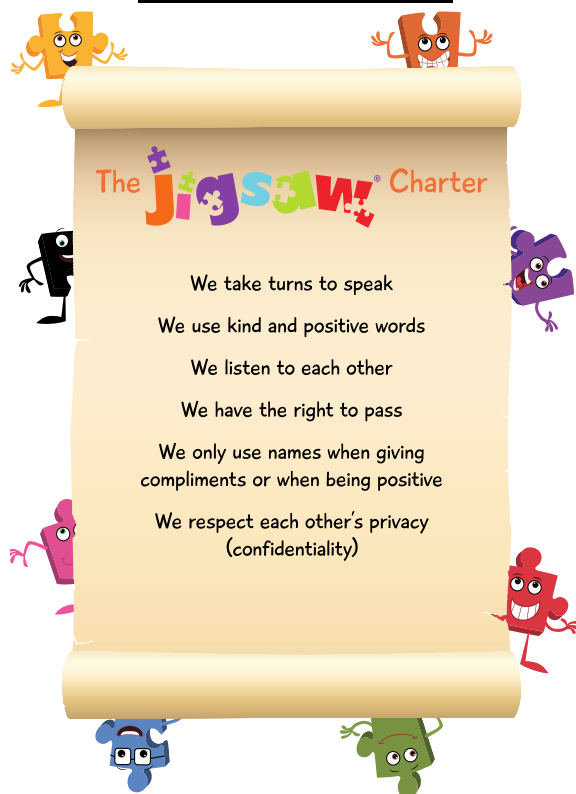
- ☺ Who is in your family?
- ☺ What jobs do mummy/daddy do around the house?
- ☺ Who are you friends? How do they make you feel?
- ☺ What do you do if a friend upsets you?
- ☺ How do you deal with feeling angry?

What Makes Our School Great?

As good citizens it is important for us to understand that everyone needs to feel like they belong.

We know how to stop ourselves feeling lonely and the impact of us using unkind words to others.

Jigsaw Learning Charter



Key Vocabulary

Angry	Feeling annoyed and upset.
Argue	To give reasons for or against something.
Breathing	Inhaling and exhaling air.
Calm me	Breathing deeply as a way to feel relaxed and able to cope with a tricky situation.
Fall out	Having a disagreement with a friend and spending time apart.
Family	People who you are related to such as parents or brothers and sisters.
Friends	A person you know well that you like and who likes you.
Jobs	A task or piece of work.
Lonely	Without company, on your own.
Relationship	A connection between people.
Words	A statement or remark.



EYFS Summer 2



Changing me Knowledge organiser- PSHE



Puzzle Outcomes

- I know the names and functions of some parts of the body.
- I know that we grow from a baby to an adult and how I might change as I get older.
- I know that changing classes might make me happy, sad, or worried and I know who to talk to about it.
- I know that remembering happy times can help us move on.
- I can identify positive memories from the past year in school/home

Reflective Questions

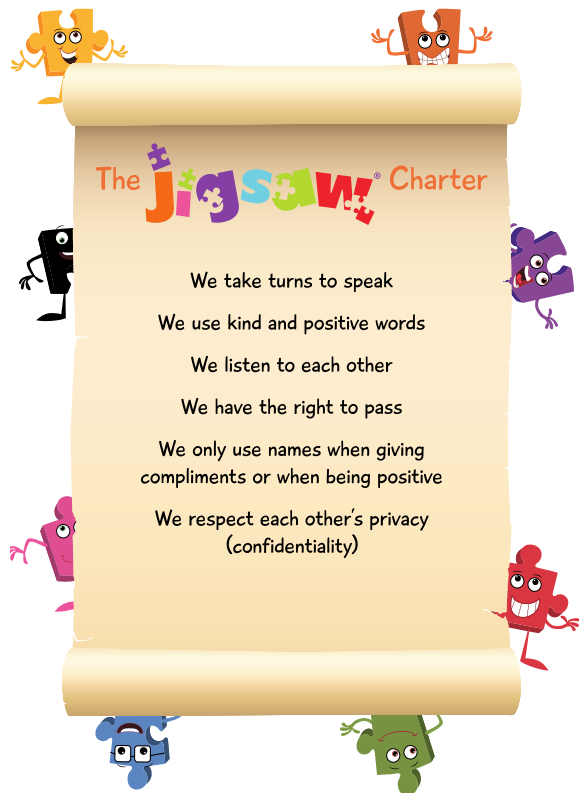
- ☺ Which parts of the body do you know the name of?
- ☺ Who can you talk to if you feel worried or frightened (at school or at home)?
- ☺ Can you tell me about a time when you were really happy?

What Makes Our School Great?

As good citizens it is important for us to understand that everyone changes as they get older.

We know that changes in our lives can feel happy or sad and that positive memories can help us to move forward.

Jigsaw Learning Charter



Key Vocabulary

Change	Replace or swap something so it is different or better.
Ear	An organ on both sides of the face to help with sound and balance.
Excited	Very enthusiastic and eager.
Eyebrow	A strip of hair that grows above the eye sockets.
Forehead	The part of the face above the eyebrows.
Grown-up	Another word for adult or fully-grown human.
Knee	The joint between the thigh and the lower leg.
Memories	The place in the mind that stores and remembers information.
Stomach	The organ which helps digest food.
Tongue	The fleshy, muscular organ which helps us to lick, swallow and talk.
Worries	To have thoughts and fears about something which bother us.

