



# Lumen Learning Trust

## Learning together for a brighter future



### Is your child a Young Carer?

The Lumen Learning Trust believes that all children have the right to an education, regardless of what is happening at home. When a child's life is affected by looking after someone at home he or she may need additional support to help ensure their learning is not adversely affected. All schools within Trust work to actively identify young carers and we ask that parents support this by alerting us if their child has any caring role for someone at home.

#### **What is a Young Carer?**

A young carer is a child under 18 years of age whose life is affected by looking after someone at home. They carry out tasks and responsibilities which are additional to those appropriate for their age.

The person they care for may be a parent, sibling or grandparent and the care they give may be physical and/or emotional. *The person they look after may have one of more of the following:*

- Physical disability
- Mental health issues
- Learning difficulties
- Entrenched substance misuse problems
- Long-term or chronic illness
- Behavioural and/or communication issues e.g. ASD/ADHD

The level of responsibility assumed by a young carer is often inappropriate to their age and at a level beyond simply helping out with jobs at home, which is a normal part of growing up. *The responsibilities of a young carer may include:*

- Personal care (e.g. bathing, dressing, feeding)
- Shopping
- Housework
- Giving or prompting medication/injections
- Emotional support
- Looking after younger siblings
- Budgeting and paying bills

#### **How can we help as your child's school?**

Examples of school support for identified young carers can be, but not limited to, accessing a monthly young carers group, Home School Link Worker support for the child and parents, outside professional support and support with activities.

If you have a child who you feel is eligible for support, please complete the slip below, return it to your school office and a member of your school Pastoral Team will be in contact with you.

You can also read more about the way in which Lumen schools support Young Carers by visiting our website where you can find our Young Carers Policy <https://www.lumenlearningtrust.co.uk/about-us/lumen-learning-trust-policies>

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*Please return this reply slip to your school office*

My child is a Young Carer. I would like you to contact me to discuss ways in which you can support my child and our family.

Name of child:	
Child date of birth:	
Parent name:	
The best way to contact me is via: (mobile/home tel/email):	