

Prior Learning

Taken part in a range of PE games and activities. Followed simple instructions and applied rules. Worked collaboratively as a pair and in a small group. Used and applied simple diagrams with pictures and symbols.

Unit Focus

Work with others to solve problems. Describe their work and use different strategies to solve problems. Lead others and be led. Differentiate between when a task is competitive and when it is collaborative.

We are learning...

1. to use clear communication, strength and flexibility to complete a task.
2. to work with others to recognise and match colours and symbols
3. to follow and create action pathways using an Action Map key
4. to work with others and identify what went well and what we could do to improve.
5. to work together to in different roles to build, defend and knock down castles.
6. to safely take part in trust-based activities.

Key Questions

1. What does trust mean?
2. How did you work together to decide on the layout of your station?
3. Do the symbols give us any clues as to what real-life object/area they might represent?

Equipment

Variety of ropes, hoops, bean bags, a range of sports equipment, teaching resource cards, soft balls, bibs/bands, blindfolds.

Vocabulary

Maps, diagrams, scale, symbols, challenges, problem-solving, lead, follow, plan, trust.

Concepts

What does it mean to rely on each other? When we rely on each other, it means we can trust our teammates to help, listen and play their part. In OAA challenges, no one can solve the task alone; we succeed by working together. **Why this matters** Trust helps everyone feel safe, confident and willing to try their best. When we trust our team, we stay calm, make better decisions and enjoy the challenge more.

Assessment Overview

Head - Use acquired skills to create maps and directions.

Hand - Perform with strength, stamina and endurance in more physical tasks.

Heart - Can work with others to solve problems.

